

2023 Junshin Cup Participant Guidelines

1. **Theme:** Any topic is acceptable. However, if it is related to a personal experience, be sure to include an explanation of what you learned from the experience in your speech.

2. **Application Procedures:** Applicants should record their speeches by audio file (MP3). Recordings must not exceed five minutes in length. Please send them with an application form and a speech script by email to: gengo@n-junshin.ac.jp no later than September 15, Friday.

NB:

- (1) You must include your name and the name of your school in your audio file's name.
- (2) Please record only one speech.
- (3) Late applications or submissions will not be accepted.
- (4) Minor revisions to scripts after the script deadline are allowed. If you make any changes to your script, please bring printed copies of your updated script with you on the day of the contest.

3. **Script Format & Contents:** One copy of the script should be sent. The student's name and the speech title should be included on the top right corner of each page. All scripts must be submitted using an MS WORD Document. Each speech should contain: a) a clear introduction & conclusion, b) discussion sections explaining the theme using clear examples with details and/or reasons.

4. **Time Limit:** 5 minutes

If a speaker exceeds 5 minutes, it is not necessary to stop, but the speaker will receive a time penalty for lack of time management as follows:

- 1-15 seconds over time: minus 2 points
- 16-30 seconds over time: minus 4 points
- 31-45 seconds over time: minus 6 points
- 46 or more seconds over time: minus 10 points

5. **Evaluation Criteria:**

- (1) **Topic:** interesting to audience; demonstrates critical and creative thinking (i.e., ideas, details)
- (2) **Clear organization:** engaging intro, well-developed body, insightful conclusion
- (3) **Vocal delivery:** spoke smoothly and clearly with correct pronunciation, intonation, pace, volume, etc.
- (4) **Physical delivery:** relaxed, confident, natural gestures, expressions, etc.

6. **Delivery:**

- (1) Use of scripts is allowed for quick reference, but not for reading.
- (2) A prompter will be available.
- (3) The speaker does not need to give the title of the speech at the beginning. A clear introduction should suffice.

7. **Screening Round:** A screening round may be held if there are a large number of contestants. Qualified participants will attend the final round held on Saturday, October 28th. Each recording will be screened according to the Judging Criteria (except physical delivery). Participants will be notified of the final results through their high schools by the end of September.